



Children and Young People Improvement Collaborative

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CYPIC NEWSLETTER

December 2022

Who we are

The Children and Young People Improvement Collaborative brings focus, connection and method where it is most needed to improve the wellbeing and life chances of children and young people in Scotland.

CYPIC is an ever-growing network of improvers with the shared purpose of getting it right for every child and young person in Scotland so that they grow up loved, safe and respected to realise their potential.

Contact the national team:
CYPIC@gov.scot

**Happy Christmas to you all
and best wishes for 2023**

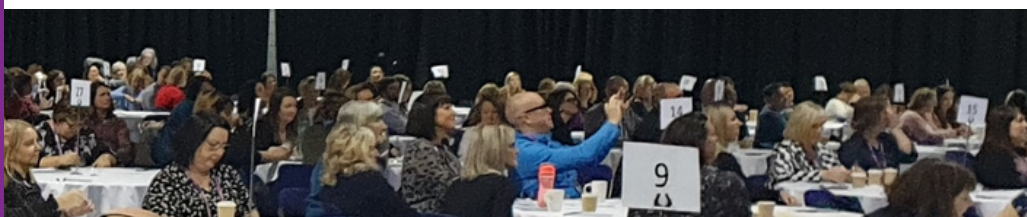
Upcoming Events

ELC QI Learning Exchange

18 January - Diversity & Inclusion
(Virtual)

Welcome

Fantastic to see over 400 of you in person at our national conference, which showcased inspiring work from across Scotland and explored hot topics. Whether you could make it or not, this newsletter includes highlights for you to enjoy.



CYPIC National Conference

A welcome opportunity for our community to **connect** in person for the first time since 2019.

Delegates had the chance to **collaborate** and learn, and consider how to apply a shared method to **improve** outcomes for babies, children and young people. Of those who responded, 87% were inspired by the day.

Delegates connected over a busy marketplace, finding out about a range of topics: the GIRFEC refresh, baby box, Book Bug, the healthy milk and snack scheme, Public Health Scotland, NES QI learning offer, breastfeeding & infant feeding, SPPS Paediatrics, Quality Management Systems and improvement led by pupils in McLaren High School.

A big thank you to everyone who supported the event. You can find event resources on the CYPIC website, which will also include recordings from the main stage soon:

<https://www.cypic.co.uk/cypic-national-conference-2022/>



CYPIC 2022: Connect, Collaborate, Improve

Delegates were inspired by Professor Jason Leitch and Professor Helen Minnis who both talked about working in uncertainty and complexity. Jason urged us to consider our circle of influence and start where we can. Helen challenged us to find someone bigger, better, wiser and kind to talk to! They both emphasised the importance of connection and collaboration.

An informative update on the national GIRFEC refresh was brought to life by teams from across the country sharing how they have been using the QI journey to Get It Right for Every Child.

We heard how national policy on breastfeeding has been informed by local application of the QI journey, and how breastfeeding rates have been improving overall as a result. North Lanarkshire shared how they have been changing the culture around breastfeeding. South Lanarkshire demonstrated they had changed the status quo, by moving from a health needs assessment to a wellbeing conversation with care experienced children.

A highlight was hearing the views of pupils from McLaren High School, and about how they have been using QI. They challenged us all to get more young people involved in next year's event. If you have any ideas for this please get in touch at CYPIC@gov.scot.





Early Child Development

Professor Linda Bauld reinforced why it's vital that we keep our attention on prevention and early intervention.

In particular she spoke about the importance of supporting brain development pre-birth and in those crucial early years. This video, which outlines some of the evidence, is worth a watch: [Partnerships in Early Childhood: Saving Brains](#)

We know there is some fantastic work happening, and it was great to be able to reflect together on what is working well, as well as what else needs to be done to support early child development in Scotland.

The CYPIC national team are still working through all of your really helpful feedback to pull out the themes in relation to:

- Sensitive responsive care-giving
- Stimulation and play
- Nutrition
- Protection from avoidable harm

The information you shared will be used to inform Scottish Government understanding about what more might need to be done to make sure we are getting the above elements right for all babies. Along with the latest evidence, and further engagement, it will help build a picture of whether there are policy gaps and/or delivery gaps and what needs to happen to address these. Look out for future newsletters for further opportunities to engage in this work.



Speech, Language & Communication

A lively and insightful breakout session looked at how QI can be used to improve speech, language and communication in the early years. Public Health Scotland spoke about the current data and highlighted that this is now a public health issue.

East Ayrshire has taken a whole system approach to this issue and shared a video showing how this has impacted in ELC: [Supporting early communication in East Ayrshire](#)

Participants fed back on the emerging change theory, and also took the time to consider where they are and what they could do using the QI Journey. The National CYPIC team are grateful to everyone who shared their thoughts. We are using this information to inform how we continue to build a community of improvers around SLCN – in particular through the ELC QI learning exchange, so watch this space!

You can find out more about the ELC QI Learning Exchange here: <https://www.cypic.co.uk/programmes-of-work/elc-qi-learning-exchange/>





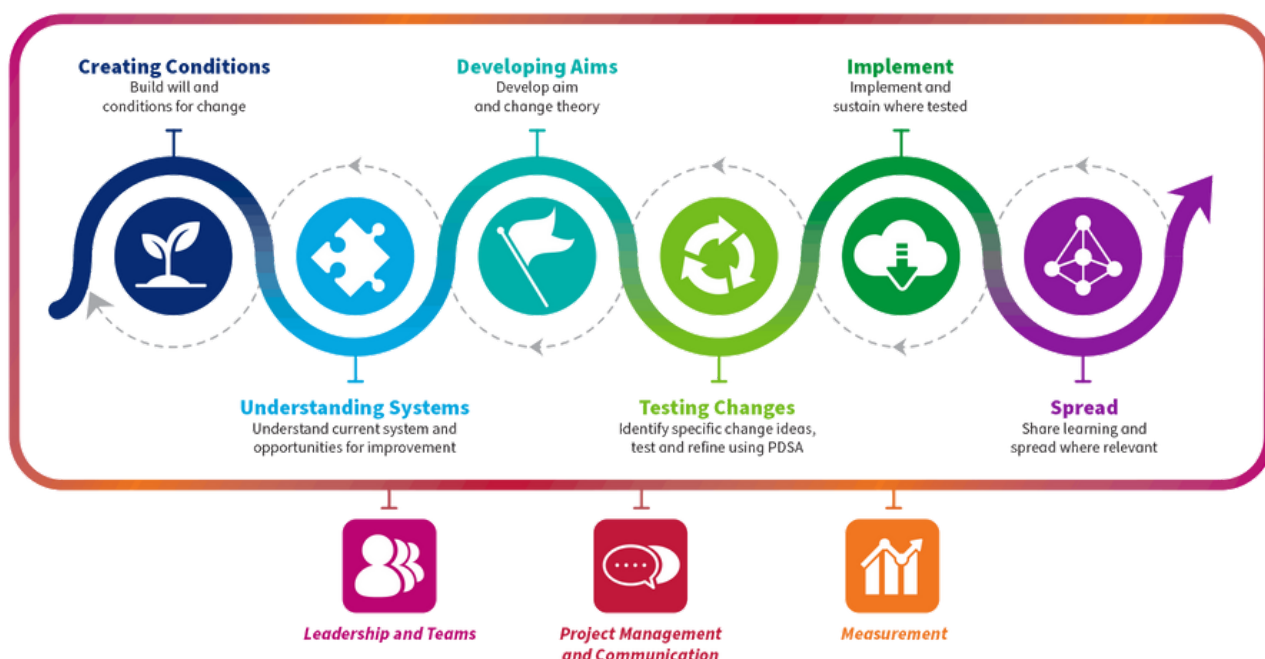
Understanding Your System

For those about to start some improvement work or in the midst of it and feeling a bit stuck, the Understanding your System breakout explored a systematic way to make progress.

The session explored the QI journey and reminded all of us that it is ok to “go back a step” to ensure we are focusing our efforts on the right issues.

A range of tools that can help us change our view and understanding of the problem were shared and brought to life by those who had used it in their own work. Creating a map of your system was the central theme for the session: its essential to understand the current situation to develop meaningful aims and then channel our resources towards the most important changes.

Pareto charts, process mapping, forcefield analysis and cause and effect diagrams can all be explored in more detail on the [CYPIC website](#) or the [QI Zone](#) (more details on page 8). You can also see the [QI journey explained](#), it's the most important route map we have in creating systematic improvement.





Family Support – Whole Family Wellbeing Fund

In support of the Scottish Government's Whole Family Wellbeing Fund, CYPIC national Improvement Advisors are working as part of a multi-disciplinary transformation team with three Children's Services Planning Partnerships (CSPPs): Glasgow, East Ayrshire and East Lothian. The teams are currently building relationships and creating the conditions to improve family support in each area.

A new **Learning into Action Network** was launched at the conference. This network provides a space for CSPPs to share their learning about how they are reshaping family support and improving outcomes for families. Details about activities in 2023 will be shared soon on:

<https://www.cypic.co.uk/whole-family-wellbeing-fund/>

The Promise Collective



In March of this year the Scottish Government published the **Promise Implementation Plan**, setting out how we will Keep The Promise by 2030.

Our breakout session at the conference focussed on the role of The Promise Collective and explored how we can better connect, collaborate and improve across the system to keep the promise.

The national team are keen to support the work you are doing locally. Please get in touch at ThePromiseTeam@gov.scot





National Improving Writing Programme

Wave 1 , Cohort 1, of the National Improving Writing Programme participants have been sharing their learning and improvements to date.

This practical programme focuses on the implementation of a “change bundle” (a number of changes grouped together, which must all be carried out for success).

We have lots of evidence demonstrating improvement in children’s writing where the change bundle is fully implemented.

Simultaneously, the five participating local authorities are creating the conditions for change in their next cohort of schools.

Local leads have been successfully shadowing the national faculty so that they can create sustainable approaches to implementing the writing bundle in their own areas. Their second cohort of schools begin early in 2023.

Visit the CYPIC website for more information on Wave 1 and to note interest in joining Wave 2:

<https://www.cypic.co.uk/improving-writing-programme/>

NES Quality Improvement Learning Offer



Safety, Skills & Improvement
Quality Improvement

A popular stall in the conference marketplace was NHS Education for Scotland (NES) sharing their offer for learning about QI.

The QI Zone is a really useful online resource to enable the Scottish public sector (not just NHS!) to learn about quality improvement:

<https://learn.nes.nhs.scot/741/quality-improvement-zone>

This includes a series of short introductory e-learning modules. Particularly relevant modules for QI beginners are Measurement for improvement; Understanding your system; Developing your aims & change ideas and Testing your change ideas. To access these modules, simply login to Turas or [register](#) for a free account.

Scottish Improvement Leader (ScIL) Programme

ScIL is a quality improvement course aimed at people working in the Scottish public service in a role with a significant focus on quality improvement and dedicated time allocated to lead improvement projects.

The Programme enables individuals to:

- design, develop and lead improvement projects,
- lead and generate support for change, and
- provide expert QI support and advice in their organisations.

CYPIC sponsors places on the programme and the next cohort is due to start in June 2023 with applications opening in January. Full details are available now on the NHS Education service website:

<https://learn.nes.nhs.scot/813>