

Connect, Collaborate, Improve for Scotland's Children

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CYPIC's Purpose

Bring focus, connection and method where it is most needed to improve the wellbeing and life chances of children & young people in Scotland



The Scotland we want babies, children, young people and families to experience





There comes a point where we need to stop just pulling people out of the river. We need to go upstream and find out why they're falling in.

Desmond Tutu



Mental wellbeing

Physical health

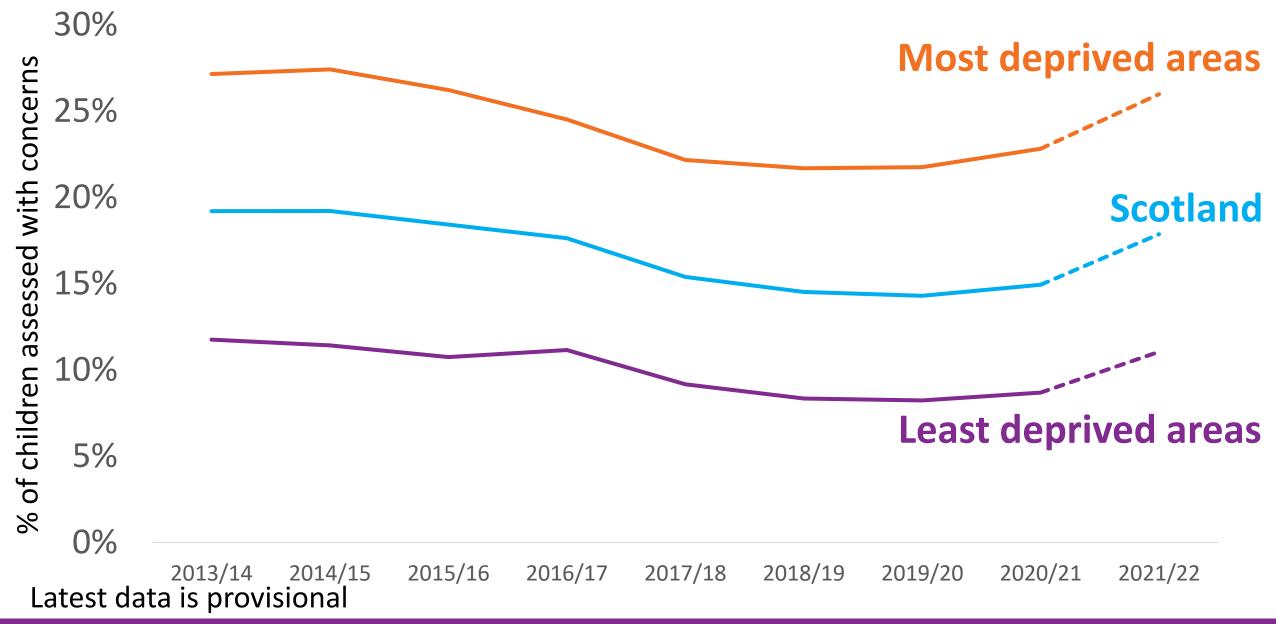
Life chances

Window by rawpixel.com Image by Freepik

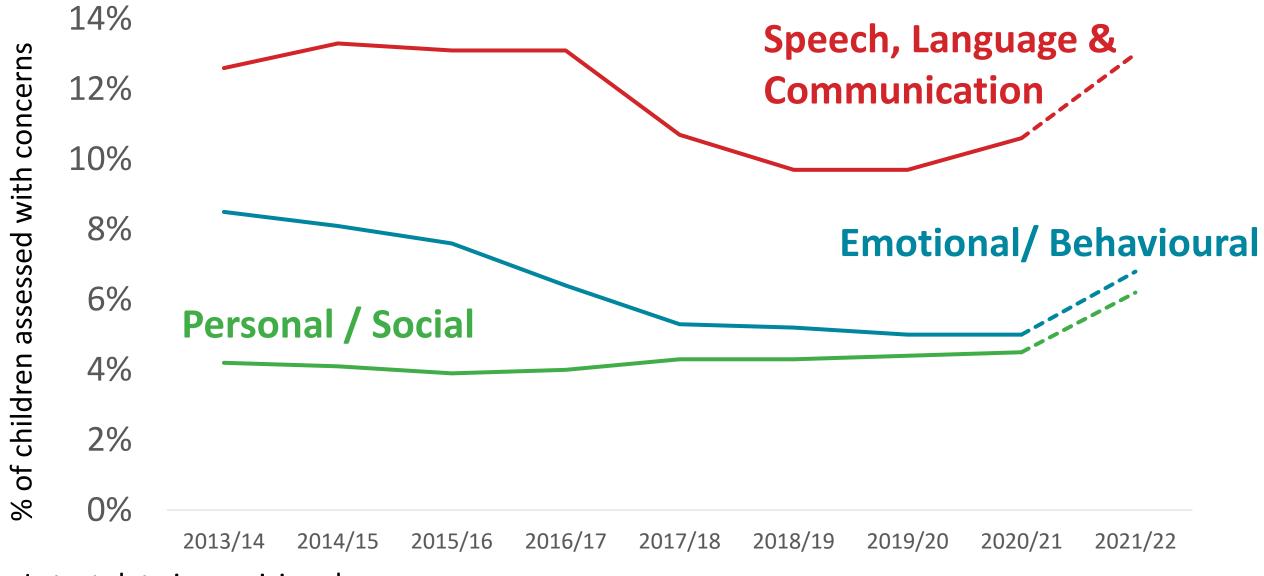
www.cypic.co.uk

#CYPIC2022

Concerns at 27-30 month review



Concerns at 27-30 month review



Latest data is provisional

From before they are born, all babies and young children experience the love and support they need to develop and meet their full potential

Sensitive responsive care-giving

Stimulation and play

Nutrition

Protection from avoidable harm



How do we make sure these 4 things happen reliably and consistently for all children?

5 ingredients for better outcomes

- 1. Support the **health and nutrition** of children and mothers before, during, and after pregnancy
- 2. Build caregiver skills
- 3. Match interventions to sources of significant stress at an individual, COMMUNITY and societal level
- 4. Improve the quality of the broader caregiving environment i.e. at the family and community level
- 5. Establish **clear goals** and appropriately targeted curricula/intervention **plans**

Center on the Developing Child at Harvard University (2016)

From Best Practices to Breakthrough Impacts (netdna-ssl.com)

What is the recipe?

