

Early child development: It's their Right, We Need to Get it Right from the Beginning



From before they are born, all babies and young children experience the love and support they need to develop and meet their full potential

Sensitive responsive care-giving

Stimulation and play

Nutrition

Protection from avoidable harm

5 ingredients for better outcomes

1. Support the **health and nutrition** of children and mothers before, during, and after pregnancy
2. **Build caregiver skills**
3. **Match interventions to sources of significant stress** at an individual, community and societal level
4. **Improve the quality of the broader caregiving environment** i.e. at the family and community level
5. Establish **clear goals** and appropriately targeted curricula/
intervention **plans**

Center on the Developing Child at Harvard University (2016)
[From Best Practices to Breakthrough Impacts \(netdna-ssl.com\)](https://www.netdna-ssl.com)



Time to think - 5 minutes

- What is **working well** in terms of supporting early child development with regards to each driver?

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- What could be done **better** ?
- **What else** could we be doing?

Time to talk – 5 minutes



Share your thinking
with a partner

What do you both
think would make a
difference?

Time to share – 10 minutes

What are the most important things we need to do to make a difference?

- 1. Practice level (your profession)**
- 2. Community level**
- 3. Nationally**



Thank you for your participation

