



Challenging the Status Quo: Responding to the Health Needs for Care Experienced Children and Young People in South Lanarkshire

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Vision: Every Care Experienced young person gets the right support at the right time to fulfil their right to the best possible health and good quality health care (Article 24) as long as it is needed

By December 2021, 15% increase in the completion of school age Health Needs Assessment (HNA) within 28 days

Engagement of YP and parent/carer

Listening to children & young people's voices

Involvement in design of services/ processes

Understanding what a HNA is

Timely responses

Notification process from Social Work to health

Sharing information

Handover from Admin to School nurses

Relationship based practice

Education and parent/carer completing SDQ

Flexibility of method of contact

Engaging young people in conversations about their wellbeing

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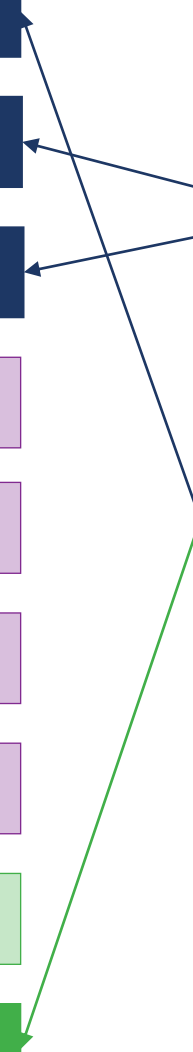
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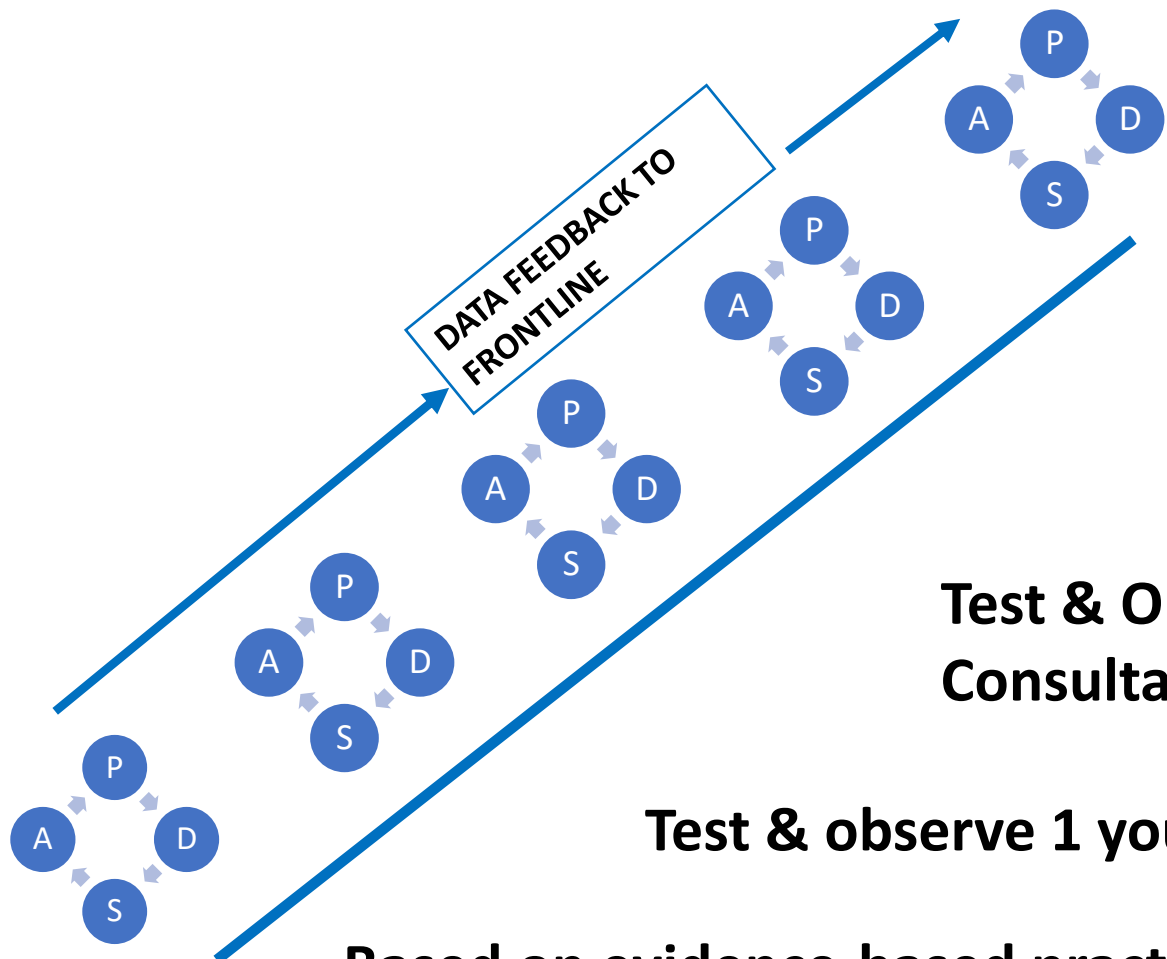
Engaging young people in conversations about their wellbeing

**Information
leaflet**

**Wellbeing
bag**



Change: Use of the **Wellbeing BAG** to facilitate Care Experienced children and young people to express their feelings and views



Practitioner skills & training needs

Changes made, Focus Groups with Care Experienced CYP and test on Colleagues. Health & Safety guidance. Scale up

Test & Observe 2 Care Experienced CYP Consultation with Colleagues, questionnaires

Test & observe 1 young boy, adjust accordingly

Based on evidence-based practice & adapted. Underpinned by GIRFEC SHANARRI

She would not look into the mirror, placed it straight down. 'I'm ugly!', she said. I asked why she thought this and she said, 'I don't know'.

I asked what nice things others say about her such as her friends and family. She replied, 'they say I'm nice, a good friend, that I'm funny and kind'.

Respected

He turned quiet as soon as he pulled out the heart object and looked to the floor; I could sense he felt uncomfortable. He went to put the heart object down without saying anything or making eye contact. I asked him what he thought this was and he said, '*It's a love heart for love*'

Then he asked if we were finished. It was clear by his body language and reaction the topic of 'love' was quite emotive for him but he was not ready to talk to me today about this.

Nurtured

He said, 'it tells you the time...'cos you need to be in by a certain time or your dinner will get cold and...if it gets dark...time for school or something...like going somewhere by a certain time...

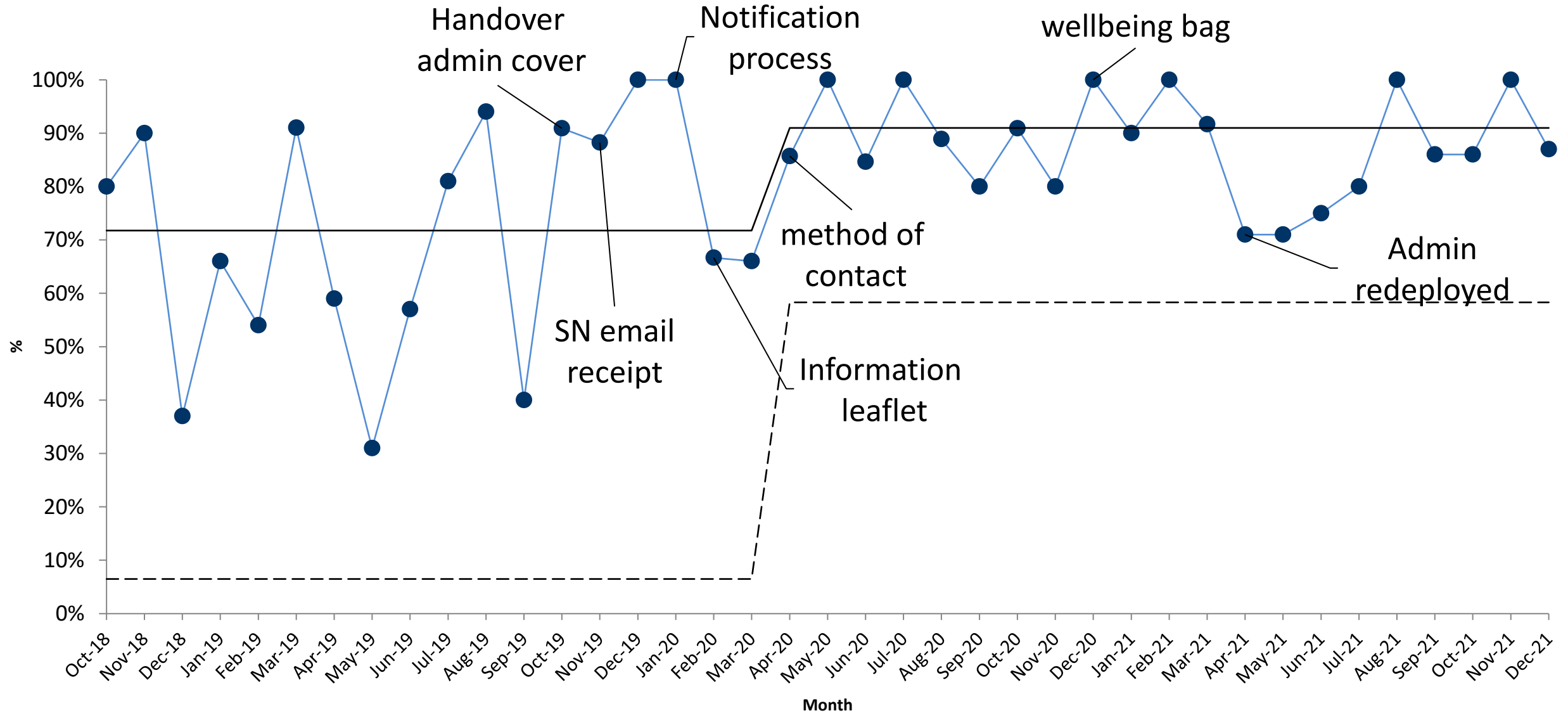
I have to go to bed by a certain time...I didn't get to sleep last night 'cos I kept getting kicked...I think it was (named his younger brother)...so I slept on the floor.'

I asked if he has his own bed. He said, 'No, I sometimes share with (named younger brother) but my mum sleeps with him so I'll sleep on the floor in a sleeping bag or on the couch.'

Responsible

How do we know we have made a difference?

Percent of Health conversations completed within 28 days





#KeepThePromise

