

Collaboration for Improvement in Engaging & Supporting Families



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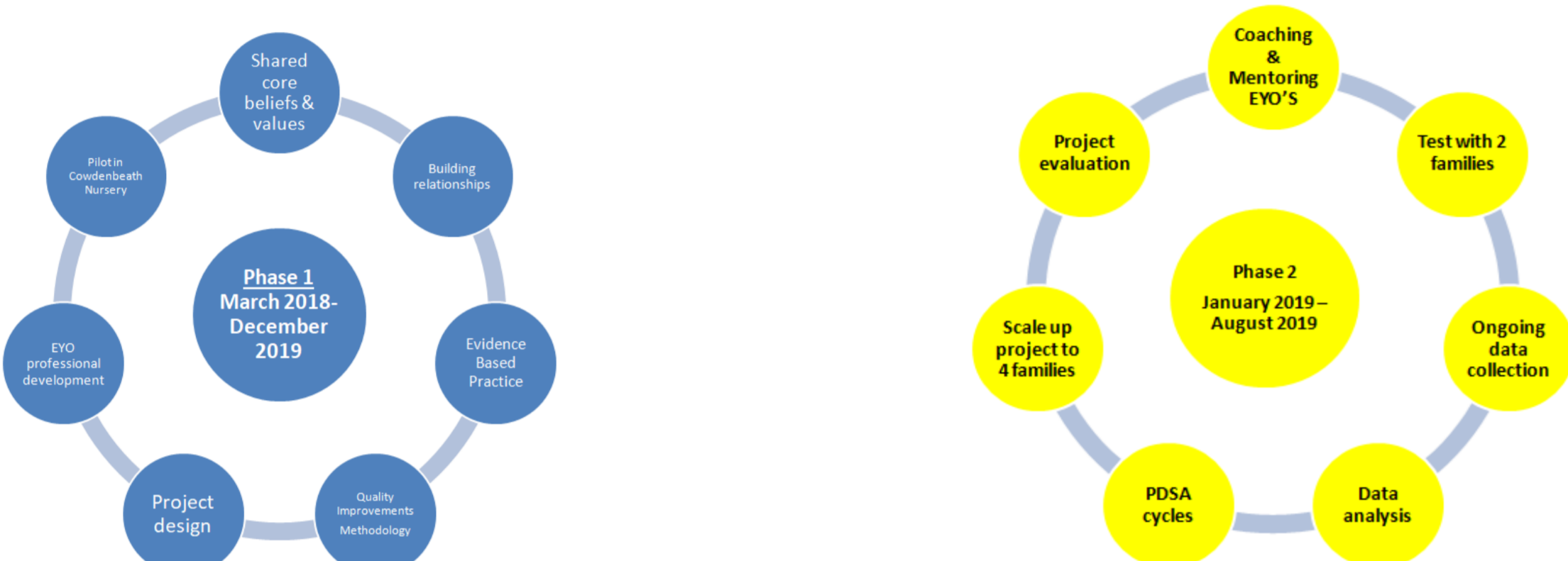
Aim
By August 2019
80% of main care givers participating in Let's Connect within Cowdenbeath Nursery will report and demonstrate an increase in quality and quantity of play interactions with their child



Rationale

Supporting parents is key to improving outcomes for children and young people. Let's Connect is dedicated to enhancing parent-child relationships through play. Through promoting these positive relationships and increased engagement in play we can interrupt the intergenerational cycle of adversity for some families. This in turn will positively enhance health, wellbeing and attainment and the goal to make Scotland the best place for children to grow up.

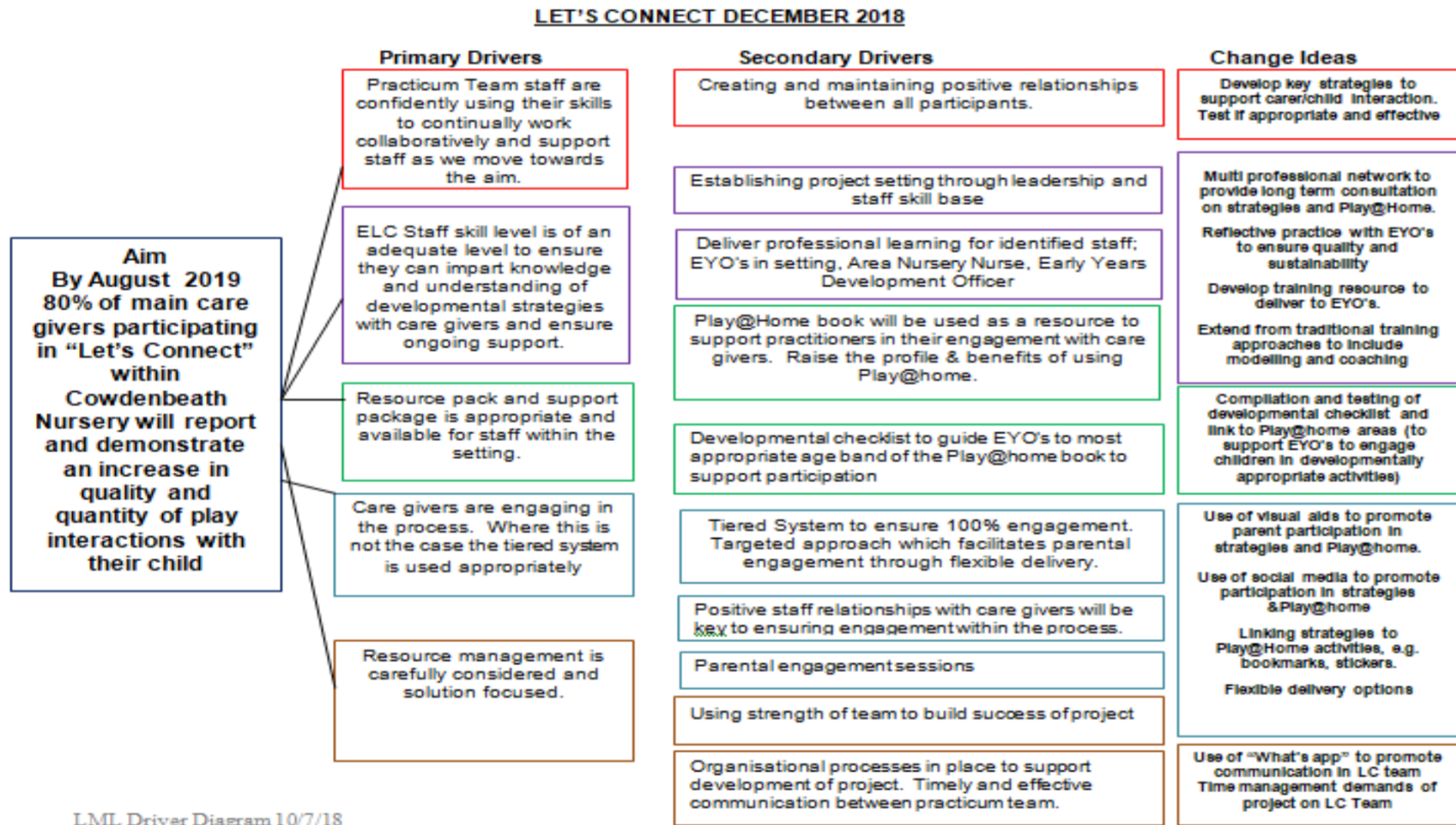
Methodology



Plan Do Study Act - record of activity	Plan	Do	Study	Act
January 2019-April 2019
May 2019-August 2019

The Let's Connect team up-skilled EYO's to run weekly play sessions by sharing key elements of our professional roles. Within nursery, 4 families were included in the pilot. During the sessions the EYO's discussed, demonstrated and coached carers in our 4 'Let's Connect' strategies above.

Process Change



Process Measures include;

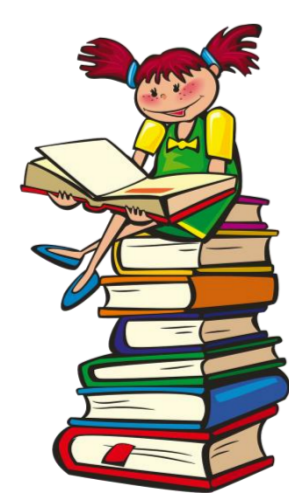
- Number of times you played with your child per week
- Number of times parents were observed to use "Let's Connect" strategies per session
- Number of parents self reporting use of Play at home books

Achievements



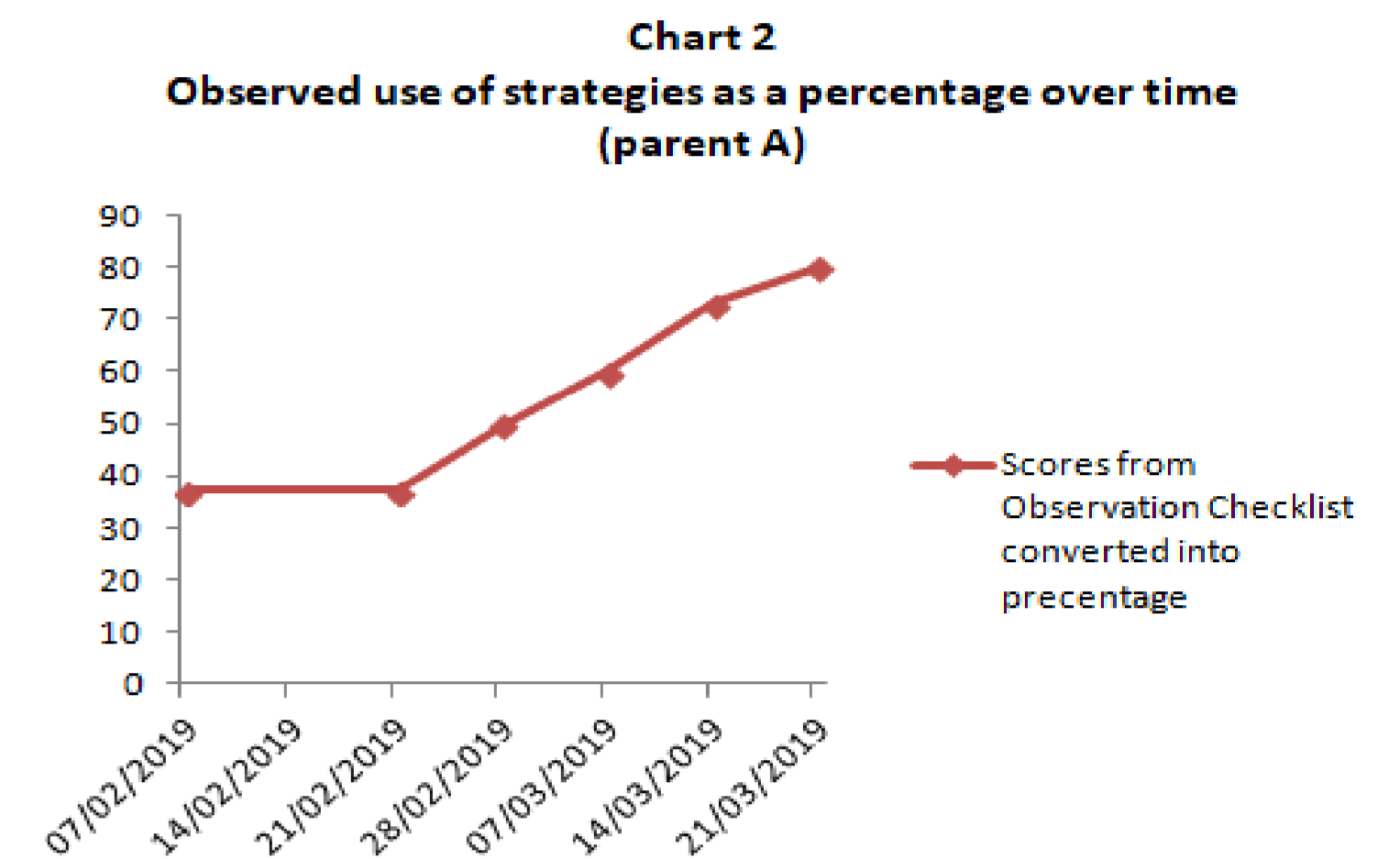
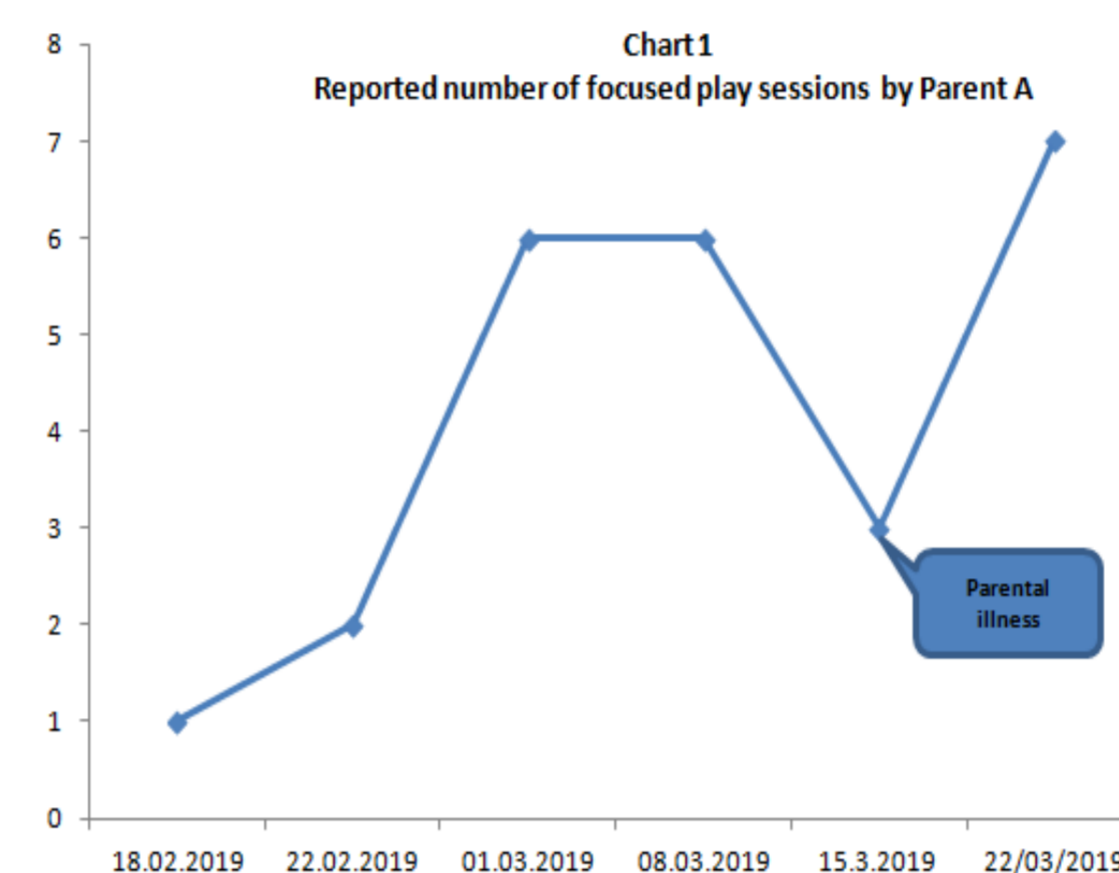
- Targeted family is demonstrating an increase in quality and quantity of play interactions.
- The enhanced support by nursery staff has led to an improvement in family wellbeing.
- We have collaborated and merged professional boundaries whilst using QI methodology to guide us.
- EYO's have increased knowledge and have changed practice as a result of this project. These observable changes are impacting positively on all children accessing the nursery.
- Our learning has facilitated a change in our thinking and practice around how we can initiate transformational service change.

Key Learning Points



- CONNECTION is essential.
- Collaboration requires trust, openness and a willingness to merge our skills. Relationships are integral for success.
- Sustainable change through building the capacity of those in closest proximity to child requires significant time, commitment and QI methodology to support and guide thinking.
- Information sharing, demonstration and coaching are essential elements.
- Ongoing professional dialogue and critical evaluation of practice is fundamental.
- Colleagues need to be empowered in order to have the confidence and creativity to allow projects to develop naturally and sustainably.

Results



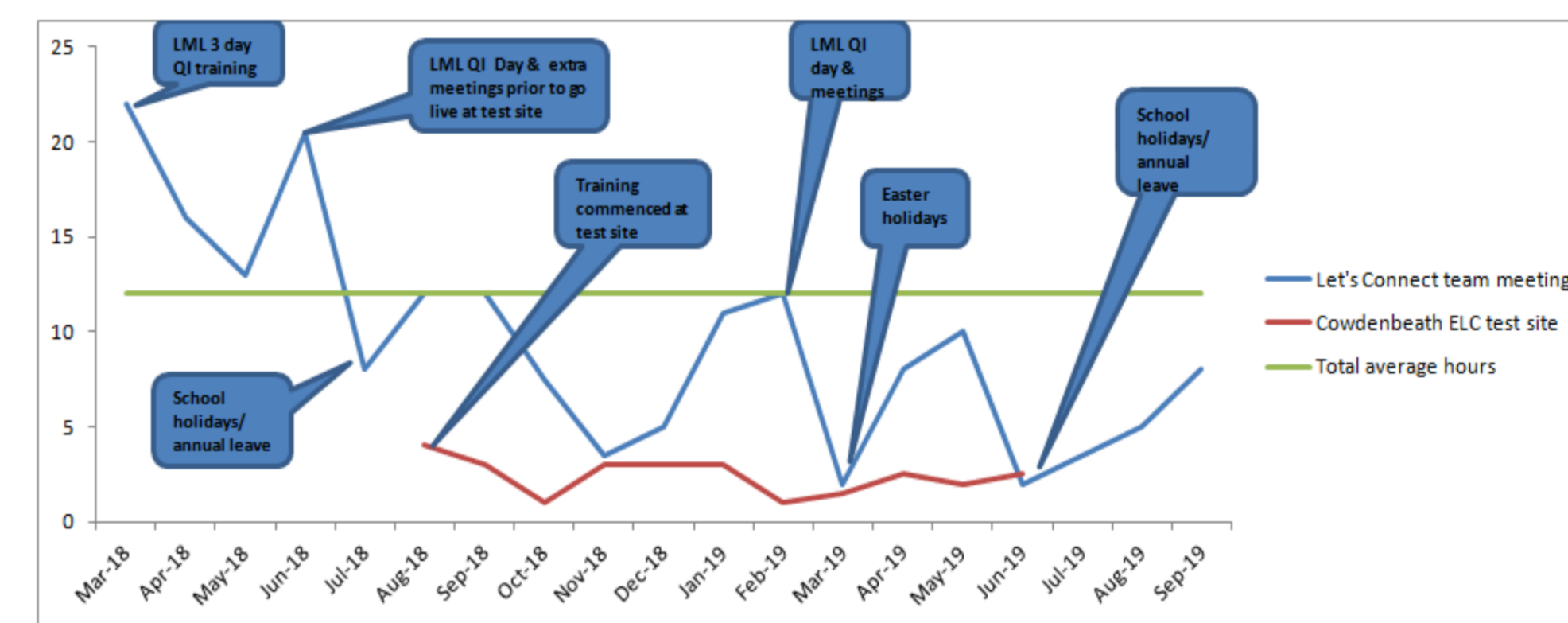
I have scaled down the amount of language I use when interacting with children. I try to have better interactions e.g. by (creating) space, being face to face and making more time for 1-1. It has become apparent that our parents need to be shown and explained to the importance of play and the effect it has on their child's development. (EYO)



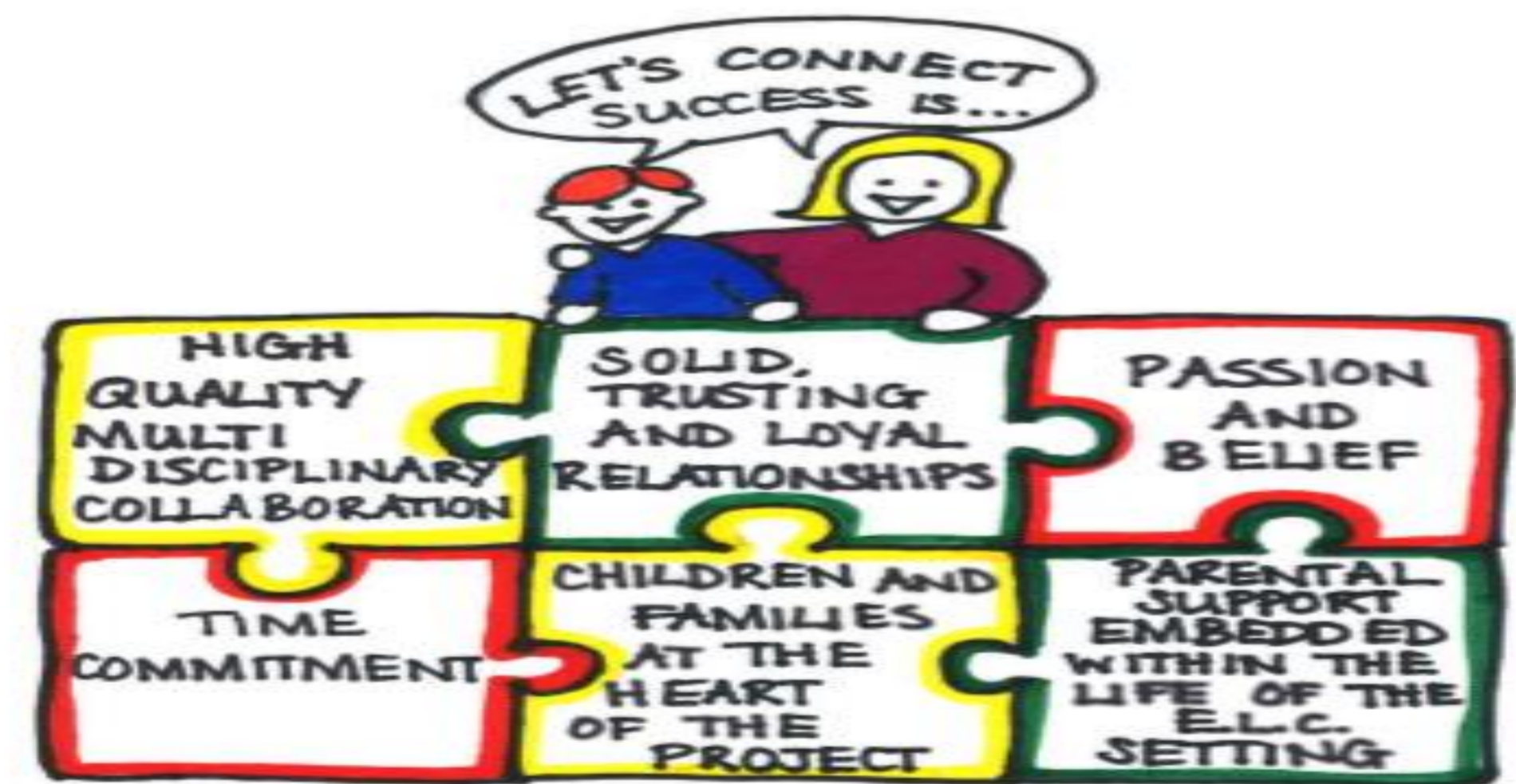
Personally it has improved 1-1 play with L as I reduced the amount of language I used when communicating which I find has benefited L's listening. Overall the programme is benefitting my relationship with L (Parent)

I think it made a difference to C as he is so much better with his speech and his is also much more confident. I am really happy with the outcome with C, he is wanting to play just me and him more. (Parent)

Let's Connect - Monthly Totals (in hours)



Conclusions



Next Steps & Sustainability

By up-skilling those in closest proximity to the child, we are creating sustainable change. We have focussed on play as research demonstrates that play is a singular opportunity to promote social-emotional, cognitive, language, self regulation skills and executive function.

Our circle of proximity

