



# Children and Young People Improvement Collaborative

**Welcome to the Spring edition!**



Read the news on:

- the new CYPIC website
- the latest update and emerging learning from the National Improving Writing Programme
- the work impacting across early years including evaluation report from Out to Play – must read if you're interested in how teams used QI to increase time spent outdoors and the impact on children in ELC settings
- support for whole family wellbeing

## **CYPIC Website Refresh**

Click below to access our improved CYPIC website with increased functionality and accessibility: [www.cypic.co.uk](http://www.cypic.co.uk)

What else would you like to see on it?

The site will continue to be developed and more resources added over the next few months so please share your ideas with us by email: [cypic@gov.scot](mailto:cypic@gov.scot)

## **CYPIC NEWSLETTER**

March 2023

### **Who we are**

CYPIC's purpose is to bring focus, connection and method where it is most needed to improve the wellbeing and life chances of children & young people in Scotland.

- Focus on improving outcomes for evidence-based priorities
- Connect people and share learning to accelerate improvement
- Support systematic use of the Quality Improvement journey to improve outcomes

### **Upcoming Events**

#### **ELC QI Learning Exchange**

18 May – In Conversation With East Dunbartonshire



# National Improving Writing Programme

**FIRE** UP about improving writing attainment at Curriculum for Excellence first level!

Wave 1 of the programme saw teams from Aberdeen City, Argyll & Bute, East Lothian, Perth & Kinross and Shetland work with the national team from CYPIC and Education Scotland. The 12 week programme supports participants to use Quality Improvement techniques alongside a writing change bundle to embed essential changes and maintain high quality delivery of writing. The bundle is based on good quality teaching and learning.

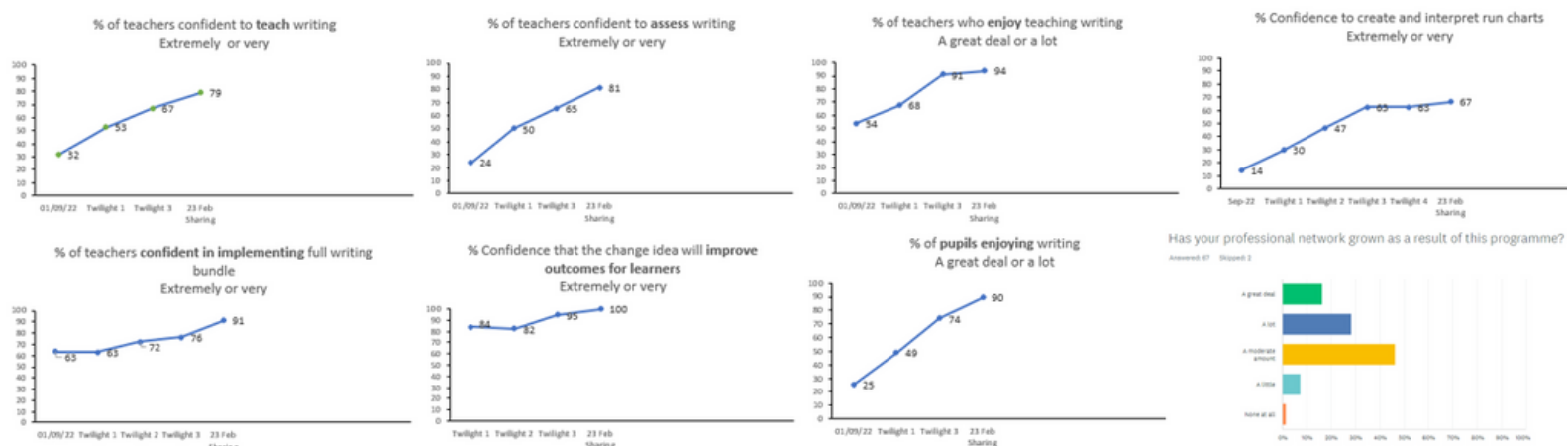
Key learning is that you can't compromise on any aspect of the bundle and applying a rigorous approach is having a transformational impact. Initial data on progress made by Wave 1 is shown below.

The best training I have ever done!  
True statement.  
It's a game changer.

A truly meaningful and enjoyable  
programme which changed my  
tracking and raised attainment.

Each of the local authorities are now leading local cohorts to spread this theory of change (what we believe is needed to have these things happen reliably and consistently) in a systematic way and Wave 2 will begin recruiting this month!

**Wave 1 Cohort 1 data dashboard**  
*Feb-22*







## Early Years

We are supporting colleagues working in early years services in a variety of ways, read on to find out more!

### Out to Play in ELC – read the report!

Six teams worked with CYPIC and ELC Policy on an improvement programme focused on time spent undertaking outdoor learning and play in natural environments with a shared aim of all children in each of the settings spending at least half of their time outside by November 2021.

We recently published an evaluation of this work to help other settings consider how to increase the time they spend outdoors.

Participants reported benefits for children ...

“Visitors to the nursery now always comment how quiet the indoor space is and how engaged children are outdoors” Annick EYC

“Freeflow to the outdoors is available all day now, high quality learning experiences are engaging children outdoors and we see this in our floorbooks” Newmilns ECC


... as well as benefits for staff

“You can see the difference in their mood and wellbeing, they want to be outdoors now” Flowerbank ECC

“During staff appraisals, the outdoors was mentioned as a positive aspect of life at Craighead, staff feel the benefit on a personal and professional level”

Find out more about his work and read the report on our website:

<https://cypic.co.uk/focus/out-to-play-improve/>



# ELC QI Learning Exchange

## ELC Quality Improvement Learning Exchange

The Learning Exchange is for anyone working in ELC who would like to connect with others around using Quality Improvement. This includes people working in all types of setting as well as in central local authority roles.

Our new 'In Conversation' series builds on the hugely successful themed webinars held over the last year, however will be more informal conversations with individuals or teams who have a story to share in relation to using Quality Improvement in Early Learning and Childcare.

In the first conversation on Wednesday 22 March we were joined by Catherine Thomas (Equity Officer) and Karlie Gray (Equity Support Officer) from the Equity Team in West Lothian Council. Catherine shared learning throughout her journey with QI over the past ten years. Karlie shared her experience of completing the Scottish Improvement Leader (ScIL) Programme, learning from a project on attendance in Primary Schools and her passion for involving children in QI.

Speakers were both very inspiring! Loved the video explaining fish bone

It is a great tool to have a network of people ready to help. Thank you for all your support

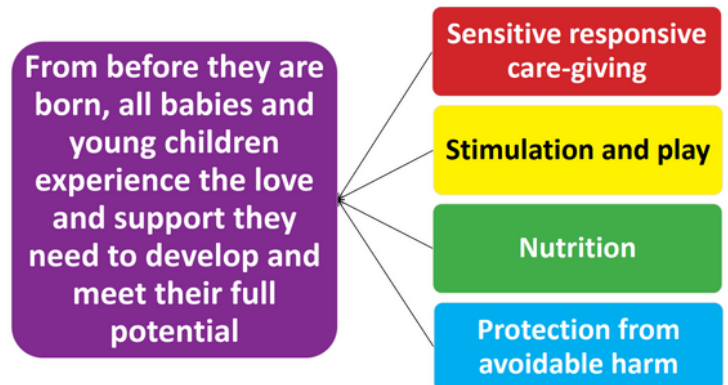
The next conversation takes place on Thursday 18 May, 15:30 – 16:30, when we will be joined by colleagues from East Dunbartonshire Council. If you miss any sessions, don't worry the recordings are in our online space! If you haven't yet joined the exchange you can find out more and register here: <https://cypic.co.uk/focus/elc-qi-learning-exchange/>



## Learning from CYPIC National Conference 2022

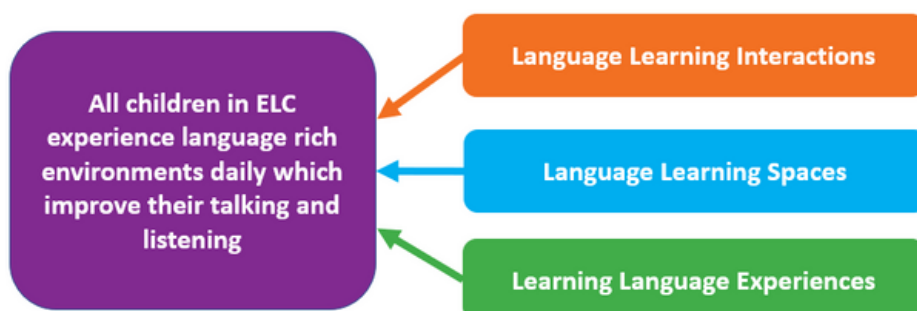
Many of you gave us feedback about what is working well and what needs to change for the early years following on from Linda Bauld's keynote. We are really grateful for these insights and are sharing them with policy leaders in Scottish Government. The feedback has been collated into a report which you can find here:

[Summary analysis of feedback shared in early child development session](#)



Attendees of the [speech, language and communication](#) themed session shared what they were doing on the improvement journey as well as providing really helpful feedback on our emerging driver diagram for improving speech, language and communication within Early Learning & Childcare. Thank you to everyone involved – read a summary here: [Summary of feedback from speech, language and communication session](#)

We are continuing to develop this change theory as we learn more. For example since the conference we have made sure the language is consistent with Realising The Ambition. You can find out more about this work and access both of the above documents on our website: <https://cypic.co.uk/focus/early-child-development/>







## **Whole family Wellbeing Funding**

The first phase of the collaborative partnership work (Element 2 of the Whole family Wellbeing Funding) is underway with our three Children's Services Planning Partnerships (CSPP) – East Ayrshire, East Lothian and Glasgow City.

The National Support Team have been meeting with CSPP representatives from a range of services and initial discussions have focused on what transformational change will take place in order to best support children, young people and their families.

In East Lothian, a change team has been formed and is working alongside the national team to define their vision and understand their system.

In East Ayrshire, the team has been focusing on defining their vision and a series of Systems Mapping sessions have been planned to help identify priority areas for improvement. In all areas there is a team commitment to thinking differently and transforming family support.

The team are also working with Glasgow to explore their priorities for Family Support and to begin planning our joint work.

**Look out for the Summer edition in June!**